

引用文獻

- 林正常 (1995)。 *運動生理學實驗指引*。台北市：師大書苑。
- 吳忠芳、李建平、郭世傑 (2006)。網球單打比賽的生理學分析。 *運動生理暨體能學報*，4 期，21-28 頁。
- 陳志榮 (2004)。 *網球訓練中不同饋球強度之攝氧量分析*。國立體育學院教練研究所未出版的碩士論文。
- 劉中興 (1993)。 *職業網球男子球員在不同材質球場攻守技術及戰略之探討*。台北：文化大學出版部。
- Chandler, T. J. (1995). Exercise training for tennis. *Clinics in Sport Medicine*, 14, 33-46.
- Christmass, M. A., Richmond, S. E., Cable, N. T., & Hartmann, P. E. (1995). A metabolic Characterization of singles tennis. In *Science and Racket Sports I* (edited by Reilly, T., Hughes., M., & Lees., A) , 3-9. London: E & FN Spon.
- Fernandez, J., Fernandez-Garcia, B., Mendez-Villanueva, A., et al (2005). Activity Patterns, lactate profiles and ratings of perceived exertion (RPE) during a professional singles tennis tournament. In: Crespo M, McInerney P, Miley D, eds. Quality coaching for the future. 14th ITF Worldwide Coaches Workshop. London.
- Fernandez, J., Mendez-Villanueva, A., & Pluim, B. M. (2006). Intensity of tennis match . *British Journal Sports Medicine*, 40(5), 387-391.
- Girad O, Millet GP. Influence of the ground surface on physiological and technical responses in young tennis players. In: Lees A, Kahn JF,

- Maynard I, eds. Science and racket sports. Vol III. London: Routledge, 2004 : 93-105.
- Jaime, F. F., Benjamin, F. G., Mendez-Villanueva, A., & Terrados, N. (2005). Exercise intensity in tennis: Simulated match play versus training drills. *Society for Tennis Medicine and Science*, 10(1), 12-13.
- Konig, D., Huonker, M., Schmid, A., Halle, M., Berg, A., & Keul, J. (2001). Cardiovascular, metabolic and hormonal parameters in professional tennis players. *Medicine and Science in Sports and Exercise*, 33, 654-658.
- Mendez-Villanueva, A., Jaime, F. F., David, B., Benjamin, F. G., Terrados, N., & Ferrauti, A. (2007). Activity patterns, blood lactate concentrations and ratings of perceived exertion during a professional singles tennis tournament. *British Journal of Sports Medicine*, 41: 296-300.
- O'Donoghue, P., & Ingram, W. (2001). A notational analysis of elite tennis strategy. *Journal of Sports Science*, 19(2), 107-122.
- Smekal, G., Von Duvillard, S. P., Rihacek, C. N., Pokan, R., Hofman, P., Baron, R., et al. (2001). A Physiological profile of tennis matchplay. *Medicine and Science in Sports and Exercise*, 33, 999-1005.
- Reilly, T., & Palmer, J. (1993). Investigation of exercise intensity in male single lawn tennis. *Journal of Sports Science*, 11, 543-558.
- Richers, T. A. (1995). Time-motion analysis of the energy systems in elite and competitive singles tennis. *Journal Human Movement Studies*, 28, 73-86.
- Weber, K. (2003). Demand profile and training of running-speed in elite

tennis. *Applied Sport Science for High Performance Tennis*,
Proceedings of the 13th ITF WWCW, Vilamoura.

