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安·塞克斯頓詩歌迷宮中的死亡意念與瘋狂
Death Wish and Madness in Anne Sexton's Poetic Labyrinth




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The seal of Chinese Culture University Library is a circular emblem. It features a central mountain range silhouette. The text "University Library" is written in English along the top inner edge, and "中國文化大學圖書館" is written in Chinese along the bottom inner edge. Two small stars are positioned on the left and right sides of the inner circle.

by

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Abstract

In this thesis, *Death Wish and Madness in Anne Sexton's Poetic Labyrinth*, I try to discuss Anne Sexton's poems that are full of death wishes and madness. When the writing of poetic labyrinth stops, the act of affirming life also perishes. For Sexton, poetry is the opposite dying suggests a kind of poetics. Sexton's narrator finds the salvation only in the art. First, I am appalled by her poetic arrangement to the emotional truth and the see-through attitude toward the death wish and the suicidal attempt. Second, the portrayals of the speaker's possession of madness are witnessing the horrifying breakdown in a lively way. The purpose of my thesis is to analyze and systematize the poetic components of Sexton's poems in these styles in order to comprehend more about her poetic labyrinth in the use of condensed words as spiritual transformation. "Labyrinth" is a kind of circle and no way out, and in her self-destructive state, the poet alienates from her own self. She turns into a possession of madness or death. Sexton frequently adopts a persona speaking in the first person from the point of view of an imagined character. She records her psychiatrist's plea, "Don't kill yourself. Your poems might mean something to someone some day." It is as if she senses a mission yet to be completed. She imposes the stuff of her experience about referring a time at the mental hospital. The impulse of direct statement and subject is highly personal and intensely felt. It is

also a tactic arousing the readers' recognition and curiosity. She makes an effort to escape the self and the outer world by getting through the image in words. She sees and finds the precise words to articulate her inner sights which intensify the vision and are coupled with the increasingly personal experiences and images taking away the archetypal dimensions. The structures of sentences and the images to words enable us to see what the poet sees.



中文摘要

本論文主要呈現安·塞克斯頓詩意迷宮當中的死亡意念及瘋狂。當滯留在失意迷宮的創作中，同時對生命的確認感也逐漸凋零，對安·塞克斯頓而言，詩的創作是與死亡相對立，且是詩意的表達。而詩中的闡述者赫然發現唯在創作詩中可達到自我救贖。首先，透過文字來表達情慾的真實呈現驚豔了我，對死亡的期待及自殺的企圖心也是赤裸地鋪述著。第二，詩中的闡述者對瘋狂的企圖有如目睹墮落如此地真實。期許本論文能分析並梳整安·塞克斯頓詩意迷宮中的元素，就有如心靈的層層轉換。“迷宮”是種找不到出口的循環，處於不斷自我毀滅抑或突破，漸漸遠離了自我。她浸沉於死亡及瘋狂當中，並採用第一人稱的口吻來表達所有能幻想的角色。她承載了內心最原始的呼喚：“別殺了自己，你的創作終有一天會深深影響著某個人”。這似乎早已暗示安·塞克斯頓的任務未了。她善用在精神院的那段時光，加在她詩意創作當中。對於任何可能接觸的人事事物都帶有強烈的情感投射，這樣似虛似實的處境，讓讀者更有相同的虛擬感受及好奇。安·塞克斯頓極力想藉由文字的虛擬及幻想，來掙脫自我及外在的真實世界。

大膽的詩意創作能確切表達她冥想的內心世界，伴隨著個人獨有的經歷並遠離了世俗及傳統。運用最真切的體驗及創作的靈感，這一切因為安·塞克斯頓而更為深刻。

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